



...your journey to success starts here.

**We are kind | We are a team | We try our best  
...and we keep on trying!**

**Kindness | Teamwork | Resilience**

## I.T.C: Water Safety/Independent Skills

### ‘Responsible Me!’



At Compass Academy, we are keen to promote our half-term RSHE theme of ‘Responsible Me’ throughout the curriculum. As part of this important focus, and in preparation for the summer holiday period, all pupils will take part in a collection of ‘water safety’ lessons, designed to help pupils to develop their understanding about the dangers associated with open water but also, how to have fun in the sun, safely!

‘Water Safety’ sessions will help pupils recognise potential risks, understand how to keep themselves and others safe, and build confidence in making responsible decisions when out in the community.

Learning activities will also support pupils in developing independence skills, encouraging pupils to take greater responsibility for their own safety and wellbeing both now and in the future. Sadly, this topic is even more important, following the recent heatwave (May, 26) in which, a number of young people lost their lives in water related incidents.

### What are the benefits?

- Lessons will help pupils to understand the dangers of open water such as rivers, lakes, canals and the sea, including the impact of water temperature and unknown risks including the depth of water.
- Develops confidence in making safe and responsible choices independently.

### Float to Live



- Encourages awareness of emergency procedures and what to do if someone is in danger.
- Helps to reduce risky behaviour around water through increased knowledge and understanding.
- Encourages pupils to think about the consequences of unsafe actions around water and safety precautions to take when out in the sun.

## How will lessons be delivered?



At Compass, we pride ourselves on providing our pupils with a wide range of experiences to aid learning and development. We believe that there is no better way in learning about water safety than visiting the beach and understanding real life hazards.

Over the course of the half term, all pupils will participate in a beach visit to support pupils' understanding about water safety through a real-life opportunity. During the course of the visit, pupils will be taught how to identify potential hazards and discuss how to stay safe in and around open water.

Before each beach visit, all pupils will experience a classroom based lesson to teach them about do's and don'ts, how to recognise warning signs, understanding safety flags, tides and unknown hazards.

The experience also encourages pupils to make responsible decisions, follow safety instructions and develop independence skills, while increasing their awareness of how to keep themselves and others safe during visits to the seaside and other outdoor environments.

## Is my child eligible for the beach visit?

Where possible, we would like all pupils to engage in Academy trips and visits! All pupils who are able to meet the expectations of the Academy risk assessment will be eligible to attend the beach visit.

Further guidance, including a parent/carer consent letter will be shared by your child's class tutor in advance of the visit.

