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...and we keep on trying!

Kindness | Teamwork | Resilience

Talking to your child about future Career Opportunities...

Why does Careers education matter?



Conversations about future careers helps your child to connect their interests, strengths, and values to help your child think about future opportunities.

Parents and carers play a key role in encouraging the exploration of different career options without feeling pressured to make any decisions now.

What questions should I ask my child?

Use these prompts to open up the conversation:

- “What kinds of jobs sound exciting to you right now?”
- “When you imagine yourself as an adult, what do you see yourself doing during the day?”
- “If you could spend a day shadowing someone at work, who would you choose?”
- “I noticed you’re really good at _____. How might that skill be used in different jobs?”
- “What do you think makes a job enjoyable or meaningful?”

Talking Points:

The below comments may give you some ideas as to what to discuss:



Interests & Passions

- Explore hobbies, favourite subjects, and activities.
- Connect personal interests to possible career paths.

Strengths & Skills

- Discuss what your child feels confident doing.
- Highlight transferable skills (teamwork, problem-solving, creativity).

Career Exploration

- Talk about different industries (technology, healthcare, arts, trades).
- Share stories of family members' or friends' jobs.

Education & Pathways

- Explain different routes: college, apprenticeships, training programs.
- Emphasise lifelong learning and adaptability.

Values & Lifestyle

- Ask what matters most: helping others, earning money, flexibility, stability.
- Discuss how careers align with personal values.

Top tips:






- **Listen more than you talk.** Let your child lead the conversation.
- **Stay open-minded.** Avoid dismissing ideas.
- **Share your own journey.** Include challenges and changes.
- **Encourage exploration.** Remind your child, it's okay not to know yet.
- **Normalize change.** Careers often shift over time.

End with reassurance:

- "I'm proud of how you're thinking about your future."
- "Whatever path you choose, I'll support you in exploring it."

Further Information:

For further information, please access the below websites:

	<p>Log on: Move on</p> <p>Is a free website which supports and inspires young people in Hull and the East Riding to succeed in their education and training journey.</p> <p>>log on move on> can help you to:</p> <ul style="list-style-type: none"> • search local courses and apprenticeships • send and track applications • log your skills. <p>https://www.logonmoveon.co.uk/</p>
	<p>National Careers Service</p> <p>The National Careers' service provides careers information, advice and guidance. The service can help you to make decisions at all stages in your career.</p> <p>https://nationalcareers.service.gov.uk/</p>
	<p>Careerometer</p> <p>The Careerometer is a fun way to see which jobs your skills and interests match too! It can give you ideas on what careers are out there. It can also give you some useful information about salary and working hours of different careers. Give it a try!</p> <p>https://www.lmiforall.org.uk/cm2/index-2cards.html</p>

Who can help my child at school?

If you require any further help or support, please contact:

Careers Lead: Miss E Jackson

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