



...your journey to success starts here.

**We are kind | We are a team | We try our best
...and we keep on trying!**

Kindness | Teamwork | Resilience

Pupil version: Anti bullying Policy 25/26



Anti Bullying – Our Promise to You!

Here at Compass Academy, everyone has the right to feel safe, happy and respected. Bullying is never okay here. We are kind, we look out for each other, and we speak up when something is wrong.

We follow our school values of Kindness, Teamwork and respect every day.

What Is Bullying?

Bullying is when someone keeps being unkind on purpose and it hurts another person. It can happen face-to-face or online.

Bullying usually:

- Happens more than once
- Is done on purpose
- Makes someone feel upset, scared or unsafe

- Can involve a power difference (for example: age, size, popularity, or confidence)

Bullying Is NOT:

- A one-off argument
- An accident
- Falling out between friends (these still matter but we can help!)

Types of Bullying

Bullying can look different in different situations:

- Verbal bullying – name calling, teasing, threats
- Physical bullying – hitting, pushing, kicking, damaging belongings
- Emotional bullying – excluding someone, spreading rumours, embarrassing others
- Cyberbullying – unkind messages, photos or comments online or on phones

Bullying can also be about:

- Disability or special educational needs
- Race, religion or culture
- Gender or sexuality
- Appearance, family or money

All types of bullying are taken seriously!

How Bullying Can Make People Feel

- Sad or worried
- Angry or confused
- Lonely or scared
- Like they don't want to come to school

- If this sounds like you or a friend, you are not alone and it is not your fault.

What To Do If You Are Being Bullied

You should:

- Tell someone you trust – a teacher, teaching assistant, pastoral lead or any adult in school
- Keep evidence if it's online (screenshots or messages)
- Keep telling us until it stops



Do not:

- Hit back
- Bully back
- Keep it a secret
- What To Do If You See Bullying (Being a Bystander)

You can help by:

- Telling an adult
- Checking the person is okay
- Not joining in or sharing unkind messages
- Being brave and speaking up can really help someone.
- How Adults at Compass Academy Will Help

When bullying is reported, adults will:

- Listen carefully
- Take it seriously
- Help everyone feel safe
- Speak to the people involved
- Decide what support and consequences are needed

- Parents and carers will be informed where appropriate.

If Someone Is Bullying Others

We will:

- Help them understand why their behaviour is not okay
- Give clear consequences
- Support them to make better choices
- We believe people can learn and change, but bullying must stop.
- Online Safety and Cyberbullying
- Bullying online is just as serious as bullying in school.
- If something happens online:
- Don't reply
- Save the evidence
- Tell an adult straight away
- We can help get harmful content reported and removed.

Our Final Message to You

♥ You matter. ♥ You deserve to feel safe. ♥ We will always listen.

If something doesn't feel right, please tell any member of staff.

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